

HERB USES

Poultry & Game. Anise, Basil, Bay Leaf, Borage, Chives, Dill, Lovage, Marjoram, Onion, Oregano, Parsley, Rosemary, Sage, Savory, Tarragon, Thyme, Garlic, any lemon-flavored herb.

Fish. Anise, Basil, Borage, Chives, Dill, Fennel, Marjoram, Oregano, Parsley, Rosemary, Sage, Savory, Tarragon, Thyme, Bay, Lemon Grass, Lemon Balm, Mint, Parsley.

Tomatoes. Basil, Bay Leaf, Chives, Coriander, Dill, Lovage, Marjoram, Oregano, Parsley, Rosemary, Sage, Savory, Tarragon, Thyme.

Tea & Beverages. Mint, Chamomile, Lemon Balm, Rose Geranium, Rose petals, Bay, Lemon Grass, Borage, Calendula, any lemon-flavored herb.

Salsa. Cilantro, Garlic, Garlic Chives, Tomato, Tomatillo, Jalapeno Peppers.

Pesto. Basil, Parsley, Mint, Oregano, Cilantro.

Cakes, Cookies, Breads or Biscuits. Chives, Dill, Marjoram, Sage, Savory, Thyme, Lavender flowers, Spearmint, Lemon Grass, Scented Geranium (rose).

French Cuisine. Combo of 3-4 herbs: Parsley, Chervil, Thyme and either Basil, Chives, or Burnet.

Bouquet Garni. Bundle of herbs to simmer, then remove-usually Parsley, Thyme, and Bay. Can also add Chives, Lovage, Rosemary, Tarragon, or Marjoram.

Salt-Free Diet. Orange Zest, Garlic

For Salad: Basil, Parsley, Lovage, Marjoram, Dill, Tarragon, Savory.

For Soup: Basil, Lovage, Parsley, Savory, Thyme, Marjoram, Bay.

For Beef: Basil, Lovage, Parsley, Thyme, Marjoram, Savory, Sage, Rosemary, Lemon



Edible Flowers. Borage, Calendula, Chive blossoms, Impatiens, Lavender, Mint flowers, Nasturtiums, Pansy, Viola, Snapdragon, Scented Geranium, Geranium, Rosemary, Day lilies, Dianthus, Fuchsia, Roses.

Fruit. Anise seed, Lemon Balm, Mint, Rosemary, Pineapple Sage.

Soups. Bay, Basil, Chervil, Garlic, Chives, Lemon Balm, Parsley, Rosemary, Savory, Sorrel, Tarragon, Thyme.

Peas. Basil, Chervil, Marjoram, Mint, Parsley, Rosemary, Sage, Savory.

Cole Crops. Borage, Caraway seed, Chives, Dill, Fennel, Marjoram, Mint, Oregano, Parsley, Rosemary, Sage, Savory, Sweet Cicely, Thyme.

Eggs. Basil, Caraway seed, Chives, Dill, Fennel, Oregano, Parsley, Rosemary, Tarragon, Costmary.

Salads. Edible flowers, Chives, Mint, Dill, Lovage, Parsley, Sage, Oregano, Savory, Tarragon, Burnet, Costmary, Cilantro, Basil.

